

# Comfy Cotton Cloths

An Anti-Craft Pattern

## Measurements

25cm x 25cm (10" x 10")

## Materials

- Approx 40g of 8ply cotton yarn per cloth (I used 50g balls of Flinders or BWM cotton)
- Pair of 3.5mm needles

## Comfy Cotton Cloth Three

Cast on 57 stitches

- Row 1: k3, \*p3, k3, repeat to end
  - Row 2: p3, \*k3, p3, repeat to end
  - Row 3: k3, \*p3, k3, repeat to end
  - Row 4: p3, \*k3, p3, repeat to end
  - Row 5: p3, \*k3, p3, repeat to end
  - Row 6: k3, \*p3, k3, repeat to end
  - Row 7: p3, \*k3, p3, repeat to end
  - Row 8: k3, \*p3, k3, repeat to end
- Repeat rows 1-8 nine times

Repeat rows 1-3

Cast off loosely in pattern

Cut yarn, weave in ends

Block to measurements

## Comfy Cotton Cloth Two

Cast on 58 stitches

- Row 1: k1, \*p2, k1, repeat to end
- Row 2: p1, \*k2, p1, repeat to end
- Row 3: knit
- Row 4: purl

Repeat rows 1-4 twenty times

Repeat row one

Cast off loosely in pattern

Cut yarn, weave in ends

Block to measurements

## Comfy Cotton Cloth One

Cast on 58 stitches

- Row 1: k2, p2, repeat to end
  - Row 2: p2, k2, repeat to end
  - Row 3: p2, k2, repeat to end
  - Row 4: k2, p2, repeat to end
- Repeat rows 1-4 twenty times

Repeat row one

Cast off loosely in pattern

Cut yarn, weave in ends

Block to measurements

## Autism Fact

Autistic people can find the world an unpredictable and confusing place. Sticking to routines, schedules and rules can provide comfort through predictability. Unexpected changes to routine can cause extreme anxiety.

Autism: Awareness, Acceptance, Appreciation

## BONUS PATTERN - Scrubbies

If you have used 50g balls of yarn, you will have a small quantity of leftover yarn from each ball, but not enough to make another washcloth.

If you don't want to waste these bits, they make great little makeup removers (scrubbies) to match the washcloths.

Pattern 1: Cast on 22 stitches and work 33 rows of cloth one pattern.

Pattern 2: Cast on 22 stitches and work 33 rows of cloth one pattern.

Pattern 3: Cast on 21 stitches and work 31 rows of cloth three pattern

Cast off loosely in pattern

Cut yarn, weave in ends